

# Hospice Care

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This learning pathway includes continuing education resources for hospice teams to strengthen their skills in symptom management, communication with patients about goals of care, and support for family caregivers.

## **Nausea/Vomiting**

Nausea and vomiting are common symptoms of serious illness and can cause dangerous complications. After completing this course, learners will be equipped with practical skills to identify, manage, and reduce these symptoms.

## **Dyspnea**

After completing this course, learners will have the tools they need to manage dyspnea, including the physical causes of shortness of breath and the emotional impact on the patient.

## **Constipation**

Constipation occurs in at least 70% of patients living with a serious illness and often goes unrecognized. After completing this course, learners will have the tools to successfully identify and manage the impact of constipation.

## **Managing Mood and Sleep Disturbances in People Living With Dementia**

Learn how to relieve suffering from common mood and sleep disturbances in order to improve quality of life for people living with dementia, and caregivers.

## **Course 1: Pain and its Impact on Our Patients**

Learn to define and characterize pain, recognize the prevalence of pain, understand disparities in pain management based on race, ethnicity, and gender.

## **Course 2: How to Perform a Comprehensive Pain Assessment**

Learn the components of a comprehensive pain assessment and its importance in safe and effective pain management.

### **Course 3: Matching Treatment to Pain Type**

Gain an overview of pharmacologic and nonpharmacologic pain treatments, including risks and benefits, and learn how to match the analgesic to pain type.

### **Course 4: Prescribing an Opioid**

Learn how to decide on an appropriate opioid, route of delivery, and dose, and understand how to prescribe for incident and breakthrough pain.

### **Course 5: Practice Prescribing an Opioid**

Practice prescribing initial opioid doses for different pain types and characteristics. Learn to adjust dosing as needed to manage pain effectively.

### **Course 6: Creating a Pain Treatment Plan and Monitoring Effectiveness**

Learn to develop a pain treatment plan with realistic goals and proper documentation, and implement universal precautions to help with the risk of opioid use disorder.

### **Course 7: Advanced Opioid Prescribing: Converting to Long-Acting Opioids**

Learn how to convert from short-acting to long-acting opioids, and calculate rescue doses for breakthrough pain using updated equianalgesic tools.

### **Course 8: Problems with Opioid Prescribing: Is it an Opioid Use Disorder?**

Learn how to identify and diagnose opioid use disorder (OUD) and practice communicating with patients about OUD and pain management.

### **Course 9: Using Buprenorphine for Chronic Pain and Opioid Use Disorder**

Determine which patients may benefit from buprenorphine as a treatment for pain and opioid use disorder (OUD), and learn how to transition patients to buprenorphine.

### **Course 10: Managing IV Opioids**

Learn how to convert patients back and forth from oral to IV opioid formulations, how to prescribe patient-controlled analgesia (PCA), and how to treat acute pain crises.

### **Prescribing Opioids: A Pocket Reference**

Opioid pocket reference for providers including safe starting doses, equianalgesic chart, and standard dosing strengths.

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