

# New Jersey Division of Medical Assistance and Health Services Palliative Care Training for Case Managers

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This Learning Pathway will help case managers meet new NJ DMAHS state requirements for palliative care training. This pathway provides 12 hours of training with credits for licensure renewal.

## **Pain & Symptom Management**

### **Course 1: Pain and its Impact on Our Patients**

Learn to define and characterize pain, recognize the prevalence of pain, understand disparities in pain management based on race, ethnicity, and gender.

### **Course 2: How to Perform a Comprehensive Pain Assessment**

Learn the components of a comprehensive pain assessment and its importance in safe and effective pain management.

### **Anxiety**

After completing this course, learners will be equipped with evidence-based strategies to identify and treat anxiety in patients living with a serious illness.

### **Depression**

After completing this course, learners will have the tools to accurately identify and treat depression in patients living with a serious illness.

## **Opioid Safety**

### **Course 8: Problems with Opioid Prescribing: Is it an Opioid Use Disorder?**

Learn how to identify and diagnose opioid use disorder (OUD) and practice communicating with patients about OUD and pain management.

## **Psychosocial Support**

### **Supporting the Caregivers of People with Serious Illness**

This course offers tools and guidance for assessing and addressing the needs of caregivers of people with serious illness.

### **Supporting the Caregivers of People Living with Dementia**

Learn how to support caregivers of people living with dementia, including assessment of caregiver burden and connecting caregivers to essential support systems.

## **Serious Illness Communication**

### **Delivering Serious News to Patients and Caregivers**

Learn best practices for having patient-centered conversations about a serious illness diagnosis. These discussions are the foundation of building a trusting clinician-patient relationship.

### **Leading Goals of Care Conversations**

Learn best practices for building trust, eliciting patient values, and having patient-centered conversations about goals of care.

## **Advance Care Planning**

### **Care Planning Conversations**

Learn techniques to help patients and their caregivers plan for the future, both during the early stages of a serious illness and as a disease progresses.

## **Interdisciplinary Teamwork**

### **Coordinating Care and Planning Ahead**

Guidance for all clinicians on improving communication and ensuring smooth transitions of care for patients living with serious illness.

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