

Obstetrics and Gynecology

This learning pathway contains training and tools for OB/GYN professionals to provide expert symptom management for their patients with serious illness.

Prescribing Opioids: A Pocket Reference

Opioid pocket reference for providers including safe starting doses, equianalgesic chart, and standard dosing strengths.

Anxiety

After completing this course, learners will be equipped with evidence-based strategies to identify and treat anxiety in patients living with a serious illness.

Depression

After completing this course, learners will have the tools to accurately identify and treat depression in patients living with a serious illness.

Nausea/Vomiting

Nausea and vomiting are common symptoms of serious illness and can cause dangerous complications. After completing this course, learners will be equipped with practical skills to identify, manage, and reduce these symptoms.

Reducing Risks for Older Adults

This course provides context and best practices for identifying older adults at risk for poor outcomes, including falls, delirium, and caregiving challenges.

Course 1: Pain and its Impact on Our Patients

Learn to define and characterize pain, recognize the prevalence of pain, understand disparities in pain management based on race, ethnicity, and gender.

Course 2: How to Perform a Comprehensive Pain Assessment

Learn the components of a comprehensive pain assessment and its importance in safe and effective pain management.

Course 3: Matching Treatment to Pain Type

Gain an overview of pharmacologic and nonpharmacologic pain treatments, including risks and benefits, and learn how to match the analgesic to pain type.

Course 4: Prescribing an Opioid

Learn how to decide on an appropriate opioid, route of delivery, and dose, and understand how to prescribe for incident and breakthrough pain.

Course 5: Practice Prescribing an Opioid

Practice prescribing initial opioid doses for different pain types and characteristics. Learn to adjust dosing as needed to manage pain effectively.

Course 6: Creating a Pain Treatment Plan and Monitoring Effectiveness

Learn to develop a pain treatment plan with realistic goals and proper documentation, and implement universal precautions to help with the risk of opioid use disorder.

Course 8: Problems with Opioid Prescribing: Is it an Opioid Use Disorder?

Learn how to identify and diagnose opioid use disorder (OUD) and practice communicating with patients about OUD and pain management.

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